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PSYCHOLOGY 9698/31

Paper 3 Specialist Choices

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MARK SCHEME
Maximum Mark: 80

Published

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Each option has three questions:

Section A: A short answer question: (a) = 2 marks, (b) = 4 marks Section B: An essay question: (a) = 8 marks, (b) = 12 marks

Section C: An applications question (a) = 6 marks, (b) = 8 marks [choice of questions]

In order to achieve the same standard across all options, the same mark schemes are used for each option. These mark schemes are as follows.

Section A: Short answer question: (a) = 2 marks	
No answer or incorrect answer.	0
Basic or muddled explanation. Some understanding but brief and lacks clarity.	
Clear and accurate and explicit explanation of term.	2

Section A: Short answer question: (b) = 4 marks	
No answer or incorrect answer.	0
Anecdotal answer with little understanding of question area and no specific reference to study.	1
Basic answer with some understanding. Reference to named study/area only. Minimal detail.	2
Good answer with good understanding. Study/area included with good description.	3
Very good answer with clear understanding of study/area with detailed and accurate description.	4

Section C: Application question = 6 marks	
No answer or incorrect answer.	0
Vague attempt to relate anecdotal evidence to question. Understanding limited.	
Brief description of range of appropriate evidence with some understanding.	
Appropriate description of good range of appropriate evidence with clear understanding.	5–6

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Section C: Application question = 8 marks	
Suggestion is wrong.	0
Suggestion is largely appropriate to the question and is vaguely based on psychological knowledge. Answer is mainly inaccurate, often incoherent and lacks detail. Understanding is lacking. If applicable, methodological knowledge is basic or absent. For methodology question <i>description</i> of a study/other authors' work 2 marks max if related to question.	1–2
Suggestion is appropriate to the question and based on psychological knowledge. Answer has some accuracy, some coherence and some detail. Understanding is limited. If applicable, methodological knowledge is adequate. Max mark if no method is suggested (beyond identification).	3–4
Suggestion is appropriate to the question and is based on psychological knowledge. Answer is accurate, largely coherent and detailed. Understanding is good. If applicable, methodological knowledge is good.	5–6
Suggestion is appropriate to the question and is clearly based on psychological knowledge. Answer is accurate, is coherent, and has appropriate detail. Terminology is used appropriately. Understanding is very good. Methodological knowledge is very good.	7–8

Section B: Essay question: (a) = 8 marks	
No answer or incorrect answer.	0
Definition of terms and use of psychological terminology is sparse or absent. Description is mainly inaccurate, lacks coherence and lacks detail. Understanding is poor. The answer is unstructured and lacks organisation.	1–2
Definition of terms is basic and use of psychological terminology is adequate. Description is often accurate, generally coherent but lacks detail. Understanding is reasonable. The answer is lacking structure or organisation.	3–4
Definition of terms is mainly accurate and use of psychological terminology is competent. Description is mainly accurate, coherent and reasonably detailed. Understanding is good. The answer has some structure and organisation.	5–6
Definition of terms is accurate and use of psychological terminology is comprehensive. Description is accurate, coherent and detailed. Understanding is very good. The answer is competently structured and organised.	7–8

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Section B: Essay question: (b) = 12 marks	
No answer or incorrect answer.	0
Evaluation (positive and negative points) is basic . Range of evaluative points, <u>which may or may not include the named issue</u> , is sparse and may be only positive or negative. Evaluative points are not organised into issues/debates, methods or approaches. Sparse or no use of appropriate supporting examples which are peripherally related to the question. Analysis (key points and valid generalisations) is very limited or not present. Evaluation is severely lacking in detail and understanding is weak.	1–3
Evaluation (positive and negative points) is limited . Range of evaluative points, <u>which may or may not include the named issue</u> , is limited. Points hint at issues/debates, methods or approaches but with little or no organisation into issues. Poor use of supporting examples. Analysis (key points and valid generalisations) is sparse. Evaluation is lacking in detail and understanding is sparse. Note: If evaluation is 'by study' with same issues identified repeatedly with no positive or negative points of issues, however good examples are, maximum 6 marks. Note: If the issue stated in the question is not addressed, maximum 6 marks. Note: If only the issue stated in the question is addressed, maximum 4 marks.	4–6
Evaluation (positive and negative points) is good . Range of evaluative issues/debates, methods or approaches, including the named issue, is good and is balanced. The answer has some organisation of evaluative issues (rather than 'study by study'). Good use of appropriate supporting examples which are related to the question. Analysis (key points and valid generalisations) is often evident. Evaluation has good detail and understanding is good.	7–9
Evaluation (positive and negative points) is comprehensive . Selection and range of evaluative issues/debates, methods or approaches, including the named issue, is very good and which are competently organised. Effective use of appropriate supporting examples which are explicitly related to the question. Analysis (valid conclusions that effectively summarise issues and arguments) is evident throughout. Evaluation is detailed and understanding is thorough.	10–12

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PSYCHOLOGY AND EDUCATION

Question	Answer	Marks
	Section A: Short answer question: (a) = 2 marks	
1(a)	Explain, in your own words, what is meant by the 'cognitive theory of motivation'.	2
	Typically: The cognitive approach to motivation is concerned with what and how we think about our behaviour. Marks: 1 mark for basic statement and 1 mark for expansion (including example).	
	Section A: Short answer question: (b) = 4 marks	
1(b)	Describe one cognitive theory of motivation.	4
	Syllabus: definitions, types and theories of motivation. Types such as extrinsic and intrinsic; theories: Behaviourist (e.g. Brophy, 1981); Humanistic (e.g. Maslow, 1970); Cognitive (e.g. McClelland, 1953). Expansion: The cognitive approach to motivation is concerned with what and how we think about our behaviour. McClelland (1961) believes achievement motivation is determined by how likely we think the chances of success or failure in performing a particular task are how important we think the chances of success or failure are to us. Bandura (1977) believes that the extent to which we think that we are competent will determine whether we can succeed at a particular task.	

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Question	Answer	Marks
Section B: Essay question: (a) = 8 marks		
2(a)	Describe what psychologists have discovered about perspectives on learning.	8
	Candidates are likely to include some of the following details from the syllabus: behaviourist applications to learning. Underlying theory (classical and operant conditioning); applications such as programmed learning and behaviour modification techniques (controlling disruptive behaviour). humanistic applications to learning. Underlying theory (Rogers, 1951); applications such as co-operative learning, learning circles and the open classroom. Summerhill School. cognitive applications to learning. Underlying theory (e.g. Piaget); applications such as discovery learning (Bruner); expository teaching/reception learning (Ausubel); zone of proximal development (Vygotsky).	
	Section B: Essay question: (b) = 12 marks	
2(b)	Evaluate what psychologists have discovered about perspectives on learning and include a discussion about applications to education.	12
	NOTE: any evaluative point can receive credit; the hints are for guidance only. Evaluation of theory: internal strengths and weaknesses; theoretical issues: reductionism, determinism, ethnocentrism. Supporting/contradicting evidence; Comparisons and contrasts with alternative theory. Evaluation of research: strengths and weaknesses of methods, sample, controls, procedure. Evaluation of and comparisons and/or contrasts with alternative methodologies. Evaluation of issues and debates: Any relevant debate can be raised, such as qualitative versus quantitative data, snapshot versus longitudinal studies, extent of ecological validity, nature versus nurture; freedom versus determinism; reductionism versus holism. Issues can be raised such as ethics, validity, ethnocentrism, effectiveness, application to real life. Named issue: applications to education. Is what psychology offers to education useful, or not so useful? Particularly so in the topic area of perspectives on learning, the debate determining how children are taught is a very important one.	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
3	There are many different types of behaviour which can be disruptive in a classroom. Some may be more frequent than others and some of these types may have common features. An investigation is needed to find out.	
3(a)	Suggest how <u>you</u> would design and conduct an observational study of disruptive behaviour.	8
	General: In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not description that is being assessed, but an individual suggestion. The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: Candidates must use an observation and so knowledge of a specific type of observation should be evident along with knowledge of what that type of observation involves such as the mention of response categories.	

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Question	Answer	Marks
Section C: Application question (b) = 6 marks		
3(b)	Describe <u>one</u> preventive strategy and <u>one</u> corrective strategy for coping with disruptive behaviour.	6
	Syllabus: corrective and preventive strategies preventive: effective preventive discipline (Cotton, 1990); effective classroom management behaviour (Kounin, 1990). Corrective: behaviour modification techniques (Presland, 1990); cognitive behaviour modification e.g. self instructional training (Meichenbaum, 1971) Expansion: Corrective: positive reinforcement and negative reinforcement (giving	
	something pleasant and removing something unpleasant). Bijou and Sturges (1959) classify extrinsic reinforcers into five categories: consumables, manipulatables, visual and auditory stimuli, social stimuli and tokens. O'Leary and Becker (1967) used tokens to eliminate deviant responses with much success. Premack (1965) outlines the 'Premack Principle' where children behaving appropriately engage in a reinforcing activity – one that the child enjoys.	
	Corrective: positive punishment and negative punishment (giving something unpleasant and removing something pleasant). Can be (1) presentation of unpleasant consequences such as facial gestures, reprimands, detention, time-out, physical punishment, etc. (2) removal of pleasant consequences. For example Bratner and Doherty (1983) distinguish three types of time out: isolation, exclusion and non-exclusion. Preventive: having clear rules, sanctions and procedures. Having high	
	behavioural expectations with consistent application by all teachers. Cotton (1990) suggests effective classroom management and Kounin (1970) lists features of effective classroom managers. Marks: 3 marks for corrective and 3 marks for preventive. 1 mark for identification and 2 further marks for elaboration including use of examples.	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
4	It is said that children with an autistic spectrum disorder (ASD) are sometimes gifted in some way.	
4(a)	Suggest how <u>you</u> would design and conduct a study using a correlation to investigate whether there is a relationship between autistic spectrum disorders and giftedness.	8
	General : In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not <i>description</i> that is being assessed, but an individual <i>suggestion</i> . The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific : Candidates must use a correlation . This should include two variables, possibly mention of scattergram, positive or negative, and 0–1. For example, candidates might look at some measure of autism (e.g. AQ) and some measure of giftedness.	
	Section C: Application question (b) = 6 marks	
4(b)	Describe the main features of autistic spectrum disorders.	6
	Syllabus: definitions, types and assessment of special educational needs (including gifted children) definitions of special educational need and giftedness; types of special educational need (e.g. dyslexia; attention deficit hyperactive disorder ADHD), autistic spectrum disorders and giftedness (e.g. Bridges, 1969) Expansion: Difficulties with verbal and non-verbal communication; Echolalia; Avoids pretend play; A love of routine; May have special interests; Can't read facial expressions; Can't understand common phrases; Difficulties with social relationships; No theory of mind Marks: Identification of six features would score 1 mark each, alternatively description of three 2 marks each.	

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PSYCHOLOGY AND HEALTH

Question	Answer	Marks	
	Section A: Short answer question: (a) = 2 marks		
5(a)	Explain, in your own words, what is meant by 'chronic pain'.	2	
	Typically: chronic pain is when a pain continues for a relatively long period of time (weeks, months, years) contrasting with acute pain which lasts for a relatively short period of time. Marks: 1 mark for statement of chronic pain and 1 mark for expansion (e.g. contrast with acute or an example).		
	Section A: Short answer question: (b) = 4 marks		
5(b)	Describe one example of chronic pain and one example of acute pain.	4	
	Syllabus: types and theories of pain Definitions of pain. Acute and chronic organic pain; psychogenic pain (e.g. phantom limb pain). Theories of pain: specificity theory, gate control theory (Melzack, 1965). Most likely: Acute: short term, a cut, bruise, finger trapped in door. Chronic: pain from say cancer. Marks: 1 mark for example and 1 mark for description/elaboration of why it is chronic/acute. No marks for 'emotional' pain or similar.		

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Question	Answer	Marks
	Section B: Essay question: (a) = 8 marks	
6(a)	Describe what psychologists have discovered about the patient-practicioner relationship.	8
	Candidates are likely to include some of the following details from the syllabus: practitioner and patient interpersonal skills. Non-verbal communications (e.g. McKinstry and Wang); Verbal communications (e.g. McKinlay, 1975; Ley, 1988). patient and practitioner diagnosis and style. Practitioner style: doctor and patient-centred (Byrne and Long, 1976; Savage and Armstrong, 1990). Practitioner diagnosis: type I and type II errors. Disclosure of information (e.g. Robinson and West, 1992). mis-using health services. Delay in seeking treatment (e.g. Safer, 1979). Misuse: hypochondriasis (e.g. Barlow and Durand, 1995), Munchausen syndrome (e.g. Aleem and Ajarim, 1995).	
	Section B: Essay question: (b) = 12 marks	
6(b)	Evaluate what psychologists have discovered about the patient-practicioner relationship and include a discussion about generalisations.	12
	NOTE: any evaluative point can receive credit; the hints are for guidance only. Evaluation of theory: internal strengths and weaknesses; theoretical issues: reductionism, determinism, ethnocentrism. Supporting/contradicting evidence; Comparisons and contrasts with alternative theory. Evaluation of research: strengths and weaknesses of methods, sample, controls, procedure. Evaluation of and comparisons and/or contrasts with alternative methodologies. Evaluation of issues and debates: Any relevant debate can be raised, such as qualitative versus quantitative data, snapshot versus longitudinal studies, extent of ecological validity, nature versus nurture; freedom versus determinism; reductionism versus holism. Issues can be raised such as ethics, validity, ethnocentrism, effectiveness, application to real life. Named issue: generalisations: For example, the extent to which a sample/study can be applied to the wider population. There are cultural universals but individual, cultural or sex differences may exist. To what extent can aspects of the patient-practitioner relationship be generalised?	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
7	A new positive thinking technique may be more effective than deep breathing exercises for reducing stress in students before exams.	
7(a)	Suggest how <u>you</u> would design and conduct an experiment to determine whether thinking positively is more effective for students than deep breathing at reducing stress before exams.	8
	General : In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not <i>description</i> that is being assessed, but an individual <i>suggestion</i> . The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: Candidates must use an experiment , so inclusion of IV and DV, controls, and design, task to be completed, setting and sample are essential features.	
	Section C: Application question (b) = 6 marks	
7(b)	Describe one study which has used biofeedback to manage stress.	6
	Syllabus: management of stress: Medical techniques (e.g. chemical). Psychological techniques: biofeedback (e.g. Budzynski et al, 1973) and imagery (e.g. Bridge, 1988). Preventing stress (e.g. Meichenbaum, 1985). Most likely: Budzynski et al. (1973) Abstract: "A significant reduction in muscle contraction headache activity was observed in patients trained in the relaxation of the forehead musculature through EMG biofeedback. Training consisted of 16 semiweekly 20 min. EMG feedback sessions augmented by daily home practice. A pseudofeedback control group and a no-treatment control group failed to show significant reductions. A three-month follow-up questionnaire revealed a greatly decreased medication usage in the experimental group."	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
8	A health campaign has just been carried out in your community, but in your opinion it was not very successful.	
8(a)	Suggest how <u>you</u> would design and conduct an investigation to determine whether people in your community think the campaign was successful.	8
	General: In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not description that is being assessed, but an individual suggestion. The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: Candidates are free to choose a method and then to suggest how they the success of the campaign. Marks awarded for methodological knowledge and how the methodology is applied to this topic area.	
	Section C: Application question (b) = 6 marks	
8(b)	Describe one community health promotion campaign. [6]	6
	Syllabus: methods for promoting health. Fear arousal (e.g. Janis and Feshbach, 1953; Leventhal et al., 1967). Yale model of communication. Providing information (e.g. Lewin, 1992). health promotion in schools, worksites and communities. Schools (e.g. Walter, 1985; Tapper et al., 2003). Worksites (e.g. Gomel, 1983). Communities (e.g. three community study, Farquhar et al., 1977). promoting health of a specific problem. Any problem can be chosen (e.g. cycle helmet safety: Dannenberg, 1993; self-examination for breast/testicular cancer; obesity and diet: Tapper et al., 2003; smoking: McVey and Stapleton, 2000). Most likely: (any other appropriate example to receive credit): the three community study (Farquhar et al., 1977) 42,000 people. Minnesota heart health programme (Blackburn et al., 1984) 350,000 people. Pawtuckett heart health project (Lasater et al., 1984) 170,000 people. Pennsylvania county health improvement program (Stunkard et al., 1985), 220,000. Stanford five city project (Farquhar et al., 1984) 359 000 people. Marks: 0 marks for any study that is not community. 0–6 marks for increasing detail/understanding of one programme.	

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PSYCHOLOGY AND ENVIRONMENT

Question	Answer	Marks
	Section A: Short answer question: (a) = 2 marks	
9(a)	Explain, in your own words, what is meant by the term 'effects of crowding on pro-social behaviour'.	2
	Typically: candidates need to include in answers crowding 'perception of restrictedness' (or similar) and need to include pro-social behaviour (e.g. helping). Crowding decreases prosocial behaviour. Marks: 1 mark for basic statement and 1 mark for expansion.	
	Section A: Short answer question: (b) = 4 marks	
9(b)	9(b) Describe one study investigating the effects of crowding on pro-social behaviour.	
	Syllabus: effects on human health, pro-social behaviour and performance. Prosocial behaviour (e.g. Dukes and Jorgenson, 1976; Bickman et al., 1973). Health (e.g. Lundberg, 1976). Performance (e.g. Mackintosh, 1975). Most likely: Dukes and Jorgenson (1976) found in low social density conditions people were more likely to return dirty dishes. Bickman et. al. (1973) found students were more likely to post dropped letters in low density conditions. Marks: 4 marks for correct description of relevant study, determined by quality of answer.	

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Question	Answer	Marks
	Section B: Essay question: (a) = 8 marks	
10(a)	Describe what psychologists have discovered about environmental cognition.	8
	Candidates are likely to include some of the following details from the syllabus: syllabus: definitions, measures, errors and individual differences in cognitive map: Definitions, measures: sketch maps (Lynch, 1960); multidimensional scaling (e.g. Moar, 1987); errors and individual differences (e.g. Malinowski, 2001). cognitive maps in animals: Cognitive maps in: squirrels (Jacobs and Linman, 1991); bees (Capaldi, 2000); pigeons and magnetite (Walcott, 1979). designing better maps: wayfinding. Map design (Levine, 1982); wayfinding (Maguire et al., 1997); virtual wayfinding (Janzen et al., 2001).	
	Section B: Essay question: (b) = 12 marks	
10(b)	Evaluate what psychologists have discovered about environmental cognition and include a discussion about the usefulness of sketch maps.	12
	NOTE: any evaluative point can receive credit; the hints are for guidance only. Evaluation of theory: internal strengths and weaknesses; theoretical issues: reductionism, determinism, ethnocentrism. Supporting/contradicting evidence; Comparisons and contrasts with alternative theory. Evaluation of research: strengths and weaknesses of methods, sample, controls, procedure. Evaluation of and comparisons and/or contrasts with alternative methodologies. Evaluation of issues and debates: Any relevant debate can be raised, such as qualitative versus quantitative data, snapshot versus longitudinal studies, extent of ecological validity, nature versus nurture; freedom versus determinism; reductionism versus holism. Issues can be raised such as ethics, validity, ethnocentrism, effectiveness, application to real life. Named issue: Sketch maps: A sketch map is not a cognitive map, it is a representation of it. Some studies used sketch maps, such as Lynch and also Aginsky et al. Sketch maps are not numbers and neither are they words, so analysis is more of a problem.	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
11	If noise causes people to behave more anti-socially perhaps music causes people to behave more pro-socially.	
11(a)	Suggest how <u>you</u> would design and conduct a field experiment to investigate whether music does cause people to behave more prosocially.	8
	General: In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not <i>description</i> that is being assessed, but an individual <i>suggestion</i> . The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: Candidates must use a field experiment, so inclusion of the setting, IV and DV, controls, and design are essential features. The design must clearly include music and pro-social behaviour.	
	Section C: Application question (b) = 6 marks	
11(b)	Describe one study which has investigated noise and anti-social behaviour.	6
	Syllabus: negative effects on social behaviour in adults and performance in children: Anti-social behaviour: (e.g. Geen and O'Neal, 1969; Donnerstein and Wilson, 1970). Pro-social Behaviour (e.g. lab: Mathews and Canon, 1975; field: Mathews and Canon, 1975) Performance: (e.g. Bronzaft, 1981; Haines et al., 2002). Most likely: Geen and O'Neal (1969) and Donnerstein and Wilson (1976) conducted laboratory experiments where aggressive behaviour in the form of an electric shock was given more when participants were exposed to noise.	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
12	Studies of personal space invasion are often unethical.	
12(a)	Suggest how <u>you</u> would design and conduct a questionnaire study to investigate what people think about the ethics of having their personal space invaded.	8
	General: In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not <i>description</i> that is being assessed, but an individual <i>suggestion</i> . The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: The named method is a questionnaire so candidates are expected to show knowledge of questionnaire design (e.g. open or closed), examples of questions (that clearly relate to ethics and personal space), and how the answers will be scored.	
	Section C: Application question (b) = 6 marks	
12(b)	Briefly describe <u>two</u> studies which involved the invasion of personal space.	6
	Invading space and territory: Invasions (e.g. Middlemist et al., 1976; Fisher and Byrne, 1975; Brodsky et al., 1999) Most likely: Felipe and Sommer (1966). At a 1500-bed mental institution an experimental confederate approached and sat next to lone patients. Middlemist, Knowles, and Matter (1976) looked at the effects of invasion on physiological arousal, performing a study in a three-urinal men's lavatory. Konecni et. al. (1975) and in a similar study Smith and Knowles (1979) stood close to pedestrians waiting to cross a road. Brodsky et al. (1999) conducted naturalistic observation in a courtroom and found that attorneys invaded the personal space of witnesses more during cross-examination compared to direct examination. Fisher and Byrne (1975) studied gender differences in the invasion of personal space in a library and how such invasions were defended. Marks: 3 marks for each description of relevant study, with marks determined	

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PSYCHOLOGY AND ABNORMALITY

Question	Answer	Marks
	Section A: Short answer question: (a) = 2 marks	
13(a)	Explain what is meant by the term 'learned helplessness'.	2
	Typically: giving up before attempting because of past failure. The feelings of helplessness can lead to depression. Marks: 1 for basic explanation of learned helplessness; 1 marks for relating the term to depression/abnormality or to work of Seligman. 0 marks for relating it to anything else, such as education.	
	Section A: Short answer question: (b) = 4 marks	
13(b)	Describe the learned helplessness/attributional style explanation of depression.	4
	 Syllabus: explanations of depression. Biological: genetic and neurochemical; cognitive: Beck's cognitive theory; learned helplessness/attributional style (Seligman, 1979). Most likely: Seligman originally discovered that dogs became helpless and depressed. He found that learned helplessness failed to account for people's varying reactions to situations. Seligman (1979) suggested that a person's attributional style was the key to understanding why people responded differently to adverse events. Seligman et al. (1988) If a person makes an internal attribution (they are the cause) and if they believe that this is stable and global (the cause is consistent and this applies everywhere) then they may feel helpless and may experience depression. Marks: 1–2 basic (or not applied to depression); 3–4 increasing quality of description and elaboration (applied). 	

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Question	Answer	Marks
	Section B: Essay question: (a) = 8 marks	
14(a)	Describe what psychologists have discovered about phobias.	8
	Candidates are likely to include some of the following details from the syllabus: Syllabus: definitions, types/examples (case studies) of phobias: Types: e.g. agoraphobia, blood phobia, dog phobia. explanations of phobias: Behavioural (classical conditioning, e.g. Watson, 1920); Psychoanalytic (Freud, 1909); biomedical/genetic (e.g. Ost, 1992); cognitive (e.g. DiNardo et al., 1988). treating phobias: Systematic desensitisation (Wolpe, 1958); flooding; applied tension (Ost et al., 1989); cognitive-behaviour therapy (Ost and Westling, 1995).	
	Section B: Essay question: (b) = 12 marks	
14(b)	Evaluate what psychologists have discovered about phobias and include a discussion about the behavioural explanation of phobias.	12
	NOTE: any evaluative point can receive credit; the hints are for guidance only. Evaluation of theory: internal strengths and weaknesses; theoretical issues: reductionism, determinism, ethnocentrism. Supporting/contradicting evidence; Comparisons and contrasts with alternative theory. Evaluation of research: strengths and weaknesses of methods, sample, controls, procedure. Evaluation of and comparisons and/or contrasts with alternative methodologies. Evaluation of issues and debates: Any relevant debate can be raised, such as qualitative versus quantitative data, snapshot versus longitudinal studies, extent of ecological validity, nature versus nurture; freedom versus determinism; reductionism versus holism. Issues can be raised such as ethics, validity, ethnocentrism, effectiveness, application to real life. Named issue: Behavioural explanation. Knowledge of positive reinforcement leading a behaviour to be repeated, for example, in contrast with alternative explanations. Description of Pavlov or Skinner scores no marks unless it is explicitly used as evaluation.	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
15	There are several treatments for abnormality and the general public has different attitudes towards these treatments.	
15(a)	Suggest how <u>you</u> would design and conduct a questionnaire study to find out about the attitude of the general public towards psychotherapy.	8
	General: In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not description that is being assessed, but an individual suggestion. The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: The named method is a questionnaire so candidates are expected to show knowledge of questionnaire design (e.g. open or closed), examples of questions (that clearly relate to psychoanalytic psychotherapy), and how the answers will be scored.	
	Section C: Application question (b) = 6 marks	
15(b)	Describe the assumptions and treatments of psychotherapy.	6
	Syllabus: treatments of abnormality: Treatments derived from models: biological/medical; psychotherapies; cognitive-behavioural. Effectiveness and appropriateness of treatments. Most likely: Psychoanalytic psychotherapy encourages the verbalisation of all the patient's thoughts, including free associations, fantasies, and dreams, from which the analyst formulates the nature of the unconscious conflicts which are causing the patient's symptoms and character problems.	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
16	Aversion therapy can be used to treat alcoholism.	
16(a)	Suggest how <u>you</u> would assess the effectiveness of aversion therapy as a treatment programme for alcoholism.	8
	General: In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not description that is being assessed, but an individual suggestion. The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: No method is stated, but in order to assess effectiveness the therapy must logically be compared to an alternative (or control group) and the most logical method is an experiment. IVs, DVs etc. should apply and the answer should end with a statement about the therapy's effectiveness.	
	Section C: Application question (b) = 6 marks	
16(b)	Describe the underlying theory on which aversion therapy is based.	6
	Syllabus: coping with and reducing addiction and impulse control disorders: Behavioural e.g. token economy; aversion therapy (for alcoholism). Cognitive behaviour therapy (e.g. Kohn, 2000) for kleptomania. Most likely: Most likely is use of classical conditioning to build up an aversion to alcohol by pairing with an unpleasant stimulus. The use of drugs is common, such as the use of an emetic which makes a person sick.	

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PSYCHOLOGY AND ORGANISATIONS

Question	Answer	Marks
	Section A: Short answer question: (a) = 2 marks	
17(a)	Explain, in your own words, what is meant by the term 'equal opportunities'.	2
	Typically : this is the absence of discrimination. In a workplace when making selection decisions there should be no discrimination based on race, color, age, gender, national origin, religion, mental or physical disability. Marks: 1 for basic statement, 1 mark for expansion, such an example of a type of discrimination.	
	Section A: Short answer question: (b) = 4 marks	1
17(b)	Describe <u>two</u> ways in which equality in selection decisions can be improved.	4
	personnel selection decisions and job analysis. The selection of personnel: decision-making (e.g. multiple regression, multiple hurdle and multiple cutoff models). Biases in selection decisions and equal opportunities. Job descriptions and specifications. Job analysis techniques (e.g. FJA and PAQ). Most likely (any other appropriate technique to be credited): using structured interviews rather than informal/unstructured; using a team of trained interviewers (with consensus in decisions) rather than a single, untrained person; using screening tests so performance on test determines selection decision; using a decision-making model with a rating system rather than subjective approach; Ensuring full records are kept to show fairness was applied to all applicants. Marks: 1 mark for identification of each appropriate technique and 1 mark for description/elaboration of it (such as contrast with what should not be done).	

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Question	Answer	Marks
	Section B: Essay question: (a) = 8 marks	
18(a)	Describe what psychologists have discovered about leadership and management.	8
	Candidates are likely to include some of the following details from the syllabus: theories of leadership. Universalist: great person theory, charismatic and transformational leaders. Behavioural: Ohio state studies (initiating structure and consideration), University of Michigan studies (task and relationship-oriented behaviours). leadership style and effectiveness. Effectiveness: contingency theory (Fiedler, 1976); situational leadership (Hersey and Blanchard, 1988), pathgoal theory (House, 1979). Styles: permissive versus autocratic (e.g. Muczyk and Reimann, 1987). Leadership training and characteristics of effective leaders. leaders and followers. Leader-member exchange model (e.g. Dansereau, 1994). Normative decision theory (Vroom and Yetton, 1973).	
	Section B: Essay question: (a) = 12 marks	
18(b)	Evaluate what psychologists have discovered about leadership and management, including a discussion about individual differences.	12
	NOTE: any evaluative point can receive credit; the hints are for guidance only. Evaluation of theory: internal strengths and weaknesses; theoretical issues: reductionism, determinism, ethnocentrism. Supporting/contradicting evidence; Comparisons and contrasts with alternative theory. Evaluation of research: strengths and weaknesses of methods, sample, controls, procedure. Evaluation of and comparisons and/or contrasts with alternative methodologies. Evaluation of issues and debates: Any relevant debate can be raised, such as qualitative versus quantitative data, snapshot versus longitudinal studies, extent of ecological validity, nature versus nurture; freedom versus determinism; reductionism versus holism. Issues can be raised such as ethics, validity, ethnocentrism, effectiveness, application to real life. Named issue: individual differences. This psychological approach takes more of an idiographic approach i.e. it is interested in individual differences because of biology, culture, gender, ethnicity etc. In leadership and management, can we generalise from one leader to all or are there individual differences?	

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Question	Answer	Marks
	Section C: Application question (a) = 8 marks	
19	When workers are promoted they may be offered more money or more time to do the additional work.	
19(a)	Suggest how <u>you</u> would investigate which of these two reward systems would be preferred by the teachers in your educational institution.	8
	General: In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not <i>description</i> that is being assessed, but an individual <i>suggestion</i> . The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: No specific method is named, so candidates are free to choose. The wording of the question would suggest a questionnaire so candidates are expected to show knowledge of questionnaire design (e.g. open or closed), examples of questions (that clearly relate to reward systems and teachers), and how the answers will be scored.	
	Section C: Application question (b) = 6 marks	
19(b)	Using examples, describe <u>two</u> intrinsic motivators for teachers.	6
	Syllabus: Intrinsic and extrinsic motivation. Types of rewards systems: e.g. pay, bonuses, profit sharing. Performance-related pay. Non-monetary rewards: praise, respect, recognition, empowerment and a sense of belonging. Career structure and promotion prospects. Most likely: (any other appropriate intrinsic motivator to be credited): achievement satisfaction praise respect Marks: 1 mark for identifying each motivator and up to 2 marks for each example.	

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Question	Answer	Marks
	Section C: Application question (a) = 6 marks	
20	Perhaps psychological work conditions are just as important as physical work conditions.	
20(a)	Describe two psychological work conditions.	6
	Syllabus: Physical and psychological work conditions: Physical: Illumination, temperature, noise, motion (vibration), pollution, aesthetic factors. Psychological: feelings of privacy or crowding, excessive or absence of social interaction, sense of status or importance/anonymity or unimportance. Most likely: feelings of privacy or crowding, excessive or absence of social interaction, sense of status or importance/anonymity or unimportance. Marks: 3 marks for each psychological work condition, determined by quality of answer and extent of psychological content. Max 1 mark for each anecdotal answer.	
	Section C: Application question (b) = 8 marks	
20(b)	Suggest how <u>you</u> would design and conduct a questionnaire study to investigate which psychological work conditions are most important for workers.	8
	General: In this question part each candidate is free to suggest a way in which the assessment request could be investigated; the 'you' is emphasised to show that in this question it is not description that is being assessed, but an individual suggestion. The question may be in the form of a suggestion for research, or an application. The question may allow a candidate a free choice of method to design their own study. It might be that a specific method is named in the question, and if it is this method must be addressed. Each answer should be considered individually as it applies to the mark scheme. Marks are awarded for methodological knowledge and how the methodology is applied to this topic area. Specific: The named method is a questionnaire so candidates are expected to show knowledge of questionnaire design (e.g. open or closed), examples of questions (that clearly relate to psychological work conditions), and how the answers will be scored.	

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